

# NewsBlast

Essential News for You and Your Family



## Idaho Federation of Families NewsBlast

February 2017

The following Federation NewsBlast is our E-newsletter highlighting exciting opportunities, important information and some community calendar activities that may be of interest. We very much encourage organizations and individuals to notify our office when you have relevant upcoming community events that we may share in our monthly Federation NewsBlasts. Call us in Boise at 208-433-8845 or 1-800-905-3436.

### In This NewsBlast

[Steve's Space](#)

[March Parent Webinar](#)

[Webinar Library!](#)

[Become a Respite Care Provider](#)

[Early Learning Day](#)

[Community Health Screenings](#)

[Hispanic Conference](#)

[Disability Awareness Day](#)

[Family to Family Classes](#)

[Courageous Kids Climbing](#)

[Working with Challenging Students](#)

[Suicide Prevention Advocacy Day](#)

[NAMI Boise Job](#)

[Opening](#)

### Board of Directors

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Jonathan Morgan  
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Payton Nelson  
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### Office Staff

Stephen Graci,  
Executive  
Director



### Steve's Space

As the state and federal legislatures surge forward with a multiplicity of significant issues, proposals and legislation, it feels like 2017 will be a year in which the need for advocates to give voice to their concerns and ideas is as vital as ever, and even more so. As a member organization, IFFCMH supports the advocacy efforts of the Consortium for Idahoans with Disabilities (CID) on behalf of families, kids, and adults utilizing non-emergency medical transportation provided by a company called Veyo implementing a contract with ID Medicaid. Foremost in the minds of all the parties working together is the safety of riders and training of drivers to assure the best possible service is provided. IFFCMH, in collaboration with the CID and Medicaid, is advocating system refinement to address numerous problems and complaints generated by people utilizing the service throughout the state.

IFFCMH is also advocating in support of the Department of Health and Welfare effort to provide Medicaid coverage for children under the age of 18 with serious emotional disturbance (SED) with family incomes up to 300% of the federal poverty level. "The purpose of the legislation is to enable these children to recover from past trauma and build resiliency so that they can become adults who participate meaningfully and productively in society. This legislation allows the Department to comply with the Jeff D. settlement agreement (U.S. District Court Case No. 4:80-CV-04091-BLW) in a manner that most efficiently leverages state general funds."

"Currently, the Division of Behavioral Health's Children's Mental Health program is appropriated \$1,181,600 from the General Fund for services that do not draw a federal match. This General Fund appropriation will be transferred to the Division of Medicaid to leverage matching federal funds through Federal Medical Assistance Percentage (FMAP) funding."

Recent months have seen increased discussion of proposals at the federal level to remake Medicaid and cap federal Medicaid payments to states. According to an issue brief from *Justice in Aging*, "Under these proposals, the federal government would provide either block grants or per capita payments to states, and states would have broad discretion to set their own Medicaid standards. These proposals are designed to save federal money, and would impose rigid limits on the amount of federal money available to states. For example, the Fiscal Year 2017 House Budget proposal included capped Medicaid funding and a \$1 trillion cut to Medicaid over 10 years. By 2026, Medicaid funding would decrease by 33% from what is required under current law. This level of budget cutting, whether imposed through a block grant or a per capita cap system, would necessitate an equally significant diminution in health care availability and quality."

Advocates certainly have a role to play with legislators in 2017 including the continuing issue with respect to closing the gap, and provision of health care coverage to thousands of Idahoans. IFFCMH supports that effort as well as supporting the Department of Behavioral Health's on-going effort to implement YES (Youth Empowerment Services) and the promise of a vastly improved system of care for Idaho kids diagnosed with SED. We hope that legislators will "Keep the Ball Rolling" for Children's Mental Health and make sure that adequate funds are available to assure that the effort is successful. There are many more issues and proposals which IFFCMH will continue to address and let readers know about the need for the voice of advocates.

A final note regarding the Family Support Partner certification training program for parents with lived experience. The

Final note regarding the Family Support Partner certification training program for parents with lived experience. The training is currently being offered by CWI and eventually by other community colleges throughout the state. To keep abreast of the trainings offered and other information on the program, go to the following link <http://healthandwelfare.idaho.gov/Medical/MentalHealth/PeerSpecialistsFamilySupportPartners/tabid/2935/Default.aspx> and click on the Certified Family Support Partner (CFSP) tab.

Carol Dixon,  
Family Support  
Coordinator

Susan Delyea,  
Youth Specialist

Mike Canavan,  
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Assistant /  
NewsBlast Editor

### Family Support Specialists

Region I  
Kelly Bryant

Region II

Region III  
Carol Dixon

Region IV  
Carol Dixon

Region V  
Jamie Price

Region VI  
Kathy Gneiting

Region VII  
Kathy Gneiting



# PARENT WEBINARS

Coming in March!

Wednesday, March 8th at 9:30 AM

*The Price of Silence: A Mom's Perspective on Mental Illness*

Presented by Liza Long, Ed.D



Visit Our [Website!](#)



Like Youth  
MOVE Idaho  
On [Facebook](#)



Like the Idaho  
Federation on  
[Facebook](#)





Join us for a discussion with Liza Long regarding her book "The Price of Silence."

Liza is an author, educator, and mother of four children based in Boise, Idaho. Her book was a 2015 "Books for a Better Life" award winner. Since her 2012 essay "I Am Adam Lanza's Mother" went viral, she has appeared on the Today Show, Good Morning America, Erin Burnett Out Front, Anderson Cooper 360, Dr. Oz, the Diane Rehm Show, NPR's Weekend Edition, and other programs. She is currently a full time instructor at the College of Western Idaho.

**Register Now!**  
*Click Here* 

### **PARENTS - Check Out Our Online Library of Archived Webinars!**

Through a collaborative effort with community professionals, the Federation hosts a monthly Parent Webinar Series. The presentations are on a variety of topics related to children's mental health. The webinars are archived so parents can browse through the topics and watch a presentation at a time of their choosing. The feedback has been very positive - Check out our library at

<http://idahofederation.org/archived-parent-webinar-presentations/>



## Respite Care Providers Needed!!!

**Idaho Federation of Families  
for Children's Mental Health**

**Trainings Monthly**

Next Training:  
February 27<sup>th</sup> 2017  
5PM Pacific Time

Phone: 1.800.905.3436  
1.208.433.8845  
info@idahofederation.org

**Certificates of Attendance  
will be issued**



Idaho Federation of  
*Families*  
for Children's Mental Health

704 North 7th St.  
Boise, ID 83702  
Phone: (800) 905-3436  
Fax: (208) 433-8337

## What Is a Respite Provider:

A Respite Care Provider watches a child while the parents/caregivers take a much needed break

As a Respite Care Provider you would provide care and support for the child you are watching.

## Becoming a Respite Care Provider:

Contact the Idaho Federation of Families

Fill out a simple information application and confidentiality agreement

Complete a training webinar (about 1.5 hrs)

Complete two background checks ( No Charge )

Health and Welfare (Fingerprints required)

Idaho State Police (Name Only)

## EARLY LEARNING DAY AT THE STATE CAPITOL

Early learning programs and advocates will convene on Wednesday, February 8th from 10:45am-1:00pm to show support for early learning initiatives, and celebrate the great steps being taken towards progress.

We encourage all supporters of early education in Idaho to turn out in support and celebration as well. The event offers great opportunities to reach out to legislators, get updated on the work of early learning programs in our state and connect with like-minded citizens.

# Community Health Screenings



- Basic Physical Exam/Assessment (Blood Pressure check, medication review, & disease education)
- Oral/Dental Health Evaluation & Education
- Depression & Alcohol Screening Questionnaires
- Flu Shots\*
- Hearing & Eye Screenings
- On-site testing for Blood Sugar, Cholesterol, Hep C & HIV
- Mammogram Referrals
- Nutrition Assessment & Education
- Traumatic Brain Injury Screening



\* Flu Shots and other screening tests provided as supplies last.

## FREE Health Screenings!

Provided for adults **18+** with no insurance or limited access to preventative care.

**Screenings take place from 4-7pm as follows:**

Participants can arrive anytime between 4-7pm.

Plan on 80-90 minutes to complete the screening process.

### February 9, 2017

Whitney United Methodist Church  
3315 W. Overland Rd., Boise ID 83702

### March 9, 2017

ISU-Meridian Health Science Center  
1311 E. Central Dr., Meridian ID 83642

### April 13, 2017

Whittier Elementary School  
301 N 29th St., Boise ID 83702

COME SPEAK WITH IDAHO STATE UNIVERSITY HEALTH PROGRAM PROFESSIONALS IN THE AREAS OF:

Nursing  
Physician Assistant Studies Counseling  
Medical Laboratory Science  
Audiology  
Institute of Rural Health  
Public Health  
Dietetics  
Pharmacy  
Dentistry

The Idaho Foodbank will be providing boxes of food, free for participants who want one!



Idaho State  
UNIVERSITY



Valley Ride bus stops near most screening locations. Visit [www.valleyride.org](http://www.valleyride.org) or call 345-7433 for more info

**QUESTIONS?** Call Idaho State University-Meridian Health Science Center at 208-373-1700 or email [healthyU@isu.edu](mailto:healthyU@isu.edu)

## FOURTH ANNUAL HISPANIC Healthcare and Advanced Manufacturing Conference

The fourth annual Hispanic Healthcare and Advanced Manufacturing Conference will be taking place **February 18, 2017**. The event will be taking place at **College of Southern Idaho in Twin Falls, Idaho, 9AM-3PM**. The purpose of the conference is to raise awareness among Hispanic high school students of the need for qualified Hispanic healthcare and advanced manufacturing workers in Idaho's workforce. The conference is able to achieve its purpose/mission by inviting 12 Hispanic professionals in the targeted industry to share their story with these students. The conference targets Hispanic students, but is open to anyone who would like to attend. There is **no cost to attend** the event; however we do ask that you register, as lunch will be provided at no cost.

Registration link [http://fhla.org/HHC\\_2017\\_Reg\\_Confirm.html](http://fhla.org/HHC_2017_Reg_Confirm.html)

# Fred Riggers

# Disability Awareness Day



"Start a conversation." Fred Riggers is an example of a true advocate. He began visiting the State Capitol over 17 years ago. He learned that sharing your story could have an impact on decisions that are made.

**February 21, 2017 ~ 9:00 AM - 2:00 PM**

**Idaho State Capitol - First Floor Rotunda  
700 W. Jefferson St, Boise ID 83702**

- **Listen to Riggers Family** share memories of Fred
- **Visit CID organization's** display tables for information and resources about the achievements of Idahoans with disabilities, advocacy groups, projects and services throughout Idaho
- **Photo Booth: Invite your legislator to take a photo with you**
- **Collect information** about the ABLE Act—Achieving a Better Life Experience, learn about the Home and Community Based Services (HCBS) rules
- **Capitol Tours** from 10-1, every 20 minutes
- **Assistive Technology Demonstrations**



Sponsored by

AND MORE!



The Consortium for Idahoans with Disabilities

www.idahocid.com



Join People with Disabilities, Families, Providers, Legislators & Friends to  
Create a Strong Idaho Disability Awareness Community!

#IDcommunityincludesme



National Alliance on Mental Illness

Family to Family classes are forming NOW and starting SOON! We are thrilled to announce that we will be offering classes in 2 locations within the Treasure Valley: Boise and Meridian!

Classes start the week of March 6 and end the week of May 22 (11 sessions).

Please contact the NAMI Boise office at 208-376-4304 or via email at [manager@namiboise.org](mailto:manager@namiboise.org) to register or for more information.

Special thanks to all of our Volunteers, Members and Donors who make these classes available for FREE!

### Courageous Kids Climbing February Newsletter

Courageous Kids Climbing have an event scheduled at the Wings Center in Boise on Sunday, March 12th. To read about it and all their news, follow this link:

[Courageous Kids Climbing](#)

### Healing Discipline: Finding Joy in Working with Challenging Students

Idaho Council for Children with Behavioral Disorders and Healing Children, LLC are working together to present a two day conference!

Conference is two days:

- March 31, 2017 from 8:30 to 5:00
- April 1, 2017 from 8:30 to 5:00.

For information and registration links click [here](#).

### Lend Your Voice to Stop Suicide

Click [here](#) to read about Suicide Prevention Advocacy Day.



National Alliance on Mental Illness

**NAMI Boise is**

**hiring a PT Office Manager**

## Mission

Working as the Treasure Valley's leading voice on mental illness and as a partner with other concerned individuals and community groups, NAMI-Boise promotes wellness and provides emotional support, education, resources and advocacy for people living with mental illness and their families.

## Position Summary

Reporting to the board of directors, the Office Manager will be responsible for daily operations of the NAMI Boise office including communication, volunteer management, office maintenance, and providing administrative support for NAMI-Boise's volunteers and programs in execution of its mission.

The position is part-time, for 15-20 hours per week, with flexibility. Office hours are currently 10:00 a.m.-2:00 p.m., Monday through Thursday.

## Compensation

The Office Manager salary is between \$12-\$15 per hour, depending on experience. Five paid vacation days per calendar year are included. Health benefits not included.

## Supervision

The Office Manager will report to the NAMI Boise board president, or their designee(s), on a monthly basis, to review the past month and set priorities for the next month.

A performance review will be held every 6 months.

## Duties and Responsibilities

- Office Management
- Work Records
- Phone/Messages
- In-Person Assistance
- Communications
- Book-Keeping
- Membership
- Event support
- NAMI Education Classes support
- Volunteers
- Social Media

## Skills Desired

- Social media (website, Facebook, Mailchimp)
- Effective oral and written communication skills
- Awareness of mental illness and mental health resources
- Familiarity with NAMI Boise and its programs
- Self-direction
- Prior experience working for a nonprofit in either a professional or volunteer capacity

**TO APPLY**, email a resume and a cover letter with 3 references (name, position and contact info) to NAMI-Boise Board President, Liza Long: [president@namiboise.org](mailto:president@namiboise.org). The search will close on February 20, 2017.