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NewsBlast

Essential News for You and Your Family



IDAHO FEDERATION OF
Families
FOR CHILDREN'S MENTAL HEALTH

Idaho Federation of Families NewsBlast

October 2015

Greetings!

The following Federation NewsBlast is our E-newsletter highlighting exciting opportunities, important information and some community calendar activities that may be of interest.



We very much encourage organizations and individuals to notify our office when you have relevant upcoming community events that we may share on our website calendar, and our monthly Federation NewsBlasts. Call us in Boise at 208-433-8845 or 1-800-905-3436.



Steve's Space

Steve's busy planning our awards banquet! Read about it below!

**IFFCMH 4th Annual
Advocacy Awards Banquet!**

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The Idaho Federation of Families for Children's Mental Health has announced their selections for the 2015 Outstanding Parent/Professional and Youth Advocacy Awards. Receiving Awards are: Davina Hull, (Pocatello); Jennifer Griffis, (Grangeville); Valerie Delyea (Boise); Angela Lindig, Carol Dixon, Danielle Chigbrow, Vanessa and Jonathan Morgan (Boise); Jenny Brotherton-Manna, Carol Grise (Sandpoint); Presidents Award Idaho Representatives Ilana Rubel and Patrick McDonald (Boise).

On Saturday, November 7, IFFCMH will be recognizing the efforts of these advocates who have demonstrated outstanding commitment to the welfare of Idaho children and families. The awards will be presented at the IFFCMH 4th Annual Awards Luncheon. The awards program will take place at the Quail Hollow Golf Club, 4520 N. 36th Street in Boise. The luncheon, with keynote speaker and awards presentation, will begin at 12:30 PM.

The parents/professionals being recognized for their advocacy achievements have been selected from a pool of amazing nominees submitted by individuals and organizations from around the state.

These advocates have demonstrated outstanding commitment to the mental health welfare of children, families, and services/programs/organizations that strive to improve the quality of life for all Idaho children and their families.

Two awards will be presented to two Idaho state representatives for their combined effort that led to the passage of legislation addressing bullying in our schools and the difficulty students face when being bullied or being a bully themselves. This legislation took several years of dedicated effort by numerous legislators which finally culminated in passage in the 2015 session.

Following the award presentations, a Community Conversation addressing suicide awareness and prevention will take place beginning at 2:25. The conversation, open to all community members, will feature

[SPAN Event in Eastern Idaho](#)

[Emergency Caregiver Respite Funds](#)

[Caldwell Area Parenting Classes](#)

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Tabitha Shears

expert panelists discussing suicide in Idaho.

This year's award plaques were made possible by a generous contribution from Optum Idaho. We thank them for their support!

Contributions of \$20 for dinner attendees is requested, but there will be no charge for anyone requesting scholarship assistance. Pre-registration is required.



(If requesting scholarship for lunch, type SCHOLARSHIP in the Promo Code box and press APPLY)

For additional information, contact IFFCMH at (208)433-8845



*** PARENT WEBINAR SERIES

PLEASE READ!

Attention Providers: We LOVE that you participate in our webinars and we welcome you wholeheartedly! We want to remind you that our target audience - for grant purposes - is parents. If you could forward & recommend these webinar announcements to your parent clients, we would appreciate it immensely!

Our monthly webinars are geared toward parents, but we welcome professionals as well! Here's what's

Region III
Carol Dixon

Region IV
Carol Dixon

Region V
Jamie Price

Region VI
Marja Slifka

Region VII
Kathy Gneiting



Visit Our [Website!](#)



Like Youth
MOVE Idaho
On [Facebook](#)



Like the Idaho
Federation on
[Facebook](#)



coming in November!

Thursday, November 5th at 10:00 AM MST

"Understanding the Impact of Domestic Violence on Families"

**Presented by Pamela Anderson, LPC - STARR
Behavioral Health**

Important information for parents to know regarding the misunderstanding and lack of awareness of the mental health issues that can develop out of a child being a witness to domestic violence in the home.

Register Now!

for Impact of Domestic Violence

Certificates of Attendance will be available for these live sessions upon email request.

These webinars will be recorded and available later on our website.

Advance registration is required and a computer with internet access is needed. If you do not have speakers on your computer, you will also need a telephone to access the sound portion.

Call 208-433-8845 in the Treasure Valley or 1-800-905-3436 from all other locations for additional information.

To be eligible for a Certificate of Attendance for any of our webinars, it is Federation policy that a participant must be present for a minimum of 75% of the presentation.

Bullying Prevention Workshop & Parent Meet Up

Is your child a target of bullying?
Learn effective bullying intervention strategies and approaches.
Develop an action plan.

Boise- Idaho Parents Unlimited
4619 Emerald, Ste. E

Coeur d' Alene- Kootenai Health
2003 Kootenai Health Way
Classroom 2 -Inside the Cafeteria

Pocatello- Pocatello Children's Clinic
1151 Hospital Way, Building F



RSVP 208-342-5884

Respite Care

Families and service providers acquainted with issues in children's mental health frequently recognize the strong need for, and lack of, respite care providers as one of the largest gaps in service for both themselves and others.

The Idaho Federation of Families for Children's Mental Health maintains a list of respite care providers from all around the state. Our providers have all participated in training and have been background checked.



We are searching for new respite care providers in every part of Idaho. Do you have room in your heart to help these families?

To participate as a provider you are required to take a two hour online training and to successfully complete a fingerprint-based background check, for which the Federation pays.

For more information or to register for our upcoming free webinar training on Monday, October 26th at 7PM(MDT), please contact Cindy at 1-800-905-3436 or cshotton@idahofederation.org or tshears@idahofederation.org

Respite helps preserve the family unit by providing care for children with special needs on a temporary basis. It reduces stress on the entire family and provides an opportunity for families to relax. It allows more time for parents to participate in community life; and it gives parents time to rejuvenate from the daily stressors of parenting. Parents interested in obtaining respite care should discuss the opportunities with their case managers.

The InTouch Community Conversation on Disruptive Behavior Disorders

...presented on September 10th by Optum, Idaho Federation of Families and IPUL was recorded and is now available online.

CHECK IT OUT »



Great Website Addresses Workplace Accommodations

Here at the "Federation" our Youth Specialist is Susan "Suzie" Delyea. She recently was searching the web for different resources and found this great website that assists people in the workforce who have disabilities and mental illnesses. The network assists those in the workforce who need special accommodations to be the most productive. It is a free service, and you can also go online and look for a particular disability. Be sure to check this out!

[JAN: Job Accountability Network](#)

Youth Mental Health First Aid

Learn the skills to identify, understand and respond to signs of mental illness and substance use disorders. This free training will be offered on four different dates in September, October, November and December in **Ontario, Oregon**. **[Click here for information.](#)**

Community Health Screenings Coming Soon

Free Health Screenings will include a wide array of services at different locations in the Treasure valley from September through March.

For more information click [here](#).
For the Spanish version, click [here](#).

**Central District Health Department Will Present
"Incorporating Trauma Informed
Care/Confidentiality of Personal Medical
Information (HIPPA) Ethics"**

**Continuing Education Course for Social Workers
Thursday, October 22nd in Boise**

**[Read the Overview](#)
[Check out the Agenda](#)**

[Register](#)

**Financing Focus: ONDCP Announces 15-State
Heroin Response Strategy**

Click [here](#)
to read.

SPAN of Eastern Idaho,
Madison Cares, and Behavioral Health
Center of EIRMC
Town Hall Meeting and
Community Awareness Event



*Our vision is that
Idahoans choose to live.
Our mission is to reduce
suicide in Idaho through
statewide advocacy,
collaboration, and
education in best
practices.*



Town Hall Meeting
October 23, 2015 6:00 p.m. - 7:30 p.m.
Madison High School
Auditorium

Awareness Event
7:30 p.m. – 10:00 p.m.
Madison High School
Auditorium

SPAN of Eastern Idaho is partnering with Madison Cares and Behavioral Health Center for a Town Hall Meeting and Community Awareness Event. The focus of the Town Hall Meeting will be to provide information to educators, veterans and their families, survivors of suicide, youth, clergy, and community members wanting to gain a better understanding of suicide warning signs and how to help.

For more information as it becomes available go to
www.spanidaho.org



**EMERGENCY CAREGIVER RESPITE
FUNDS
NOW AVAILABLE THROUGH THE
FEDERATION**

A new respite care program designed to assist 24/7 family caregivers with funding for respite care during an emergency is now available. Idaho Federation of Families for Children's Mental Health (IFFCMH), in collaboration with the Idaho Commission on Aging and the Idaho Caregivers Alliance, initiated the new ECR pilot project which will offer respite care funding to caregivers providing 24/7 care to person(s) of any age.

Caregivers in an emergency situation may apply for emergency respite care funds by going to www.idahofederation.org and clicking on "Respite Care" and then "Emergency Caregiver Respite" to find the on-line application form. Caregivers or agency personnel assisting a caregiver can also call the IFFCMH to initiate the application process at 800-905-3436.

To obtain ECR funds, caregivers must register and apply with the IFFCMH either online, via telephone, mail or fax. Caregivers are responsible for locating and contracting with their choice of respite care provider who can be a family member, trusted friend or an agency providing temporary residential care.

Once the application process has been completed and approved, and respite care successfully provided, payment is made directly to the individual respite care provider, or agency providing care at a residential facility. Completed evaluations and signed invoices are required before payment can be made.

More detailed information regarding eligibility, emergency definition/criteria, and application guidelines can be found at <http://idahofederation.org/respite-care-through-idaho-coalition-for-the-aging/>

Contact IFFCMH for information at 208-433-8845, 800-905-3436 or fax 208-433-8337.

**Parenting Classes-
Active Parenting Now!**

**Coming in October and November to
the Region 3 Caldwell Area**

This will be a six-week education series presented by Catholic Charities of Idaho in collaboration with the Caldwell Family YMCA and

the Idaho Office of Drug Policy. For the details, click [here](#).